

## **Southside Masters Inc.**

<http://www.southsidemasters.org/>

Where : Sylvania Waters Athletic Track, 228 Belgrave Espl. Sylvania Waters

When : Thursday Night - Short track **6:10pm** & Long track/Walk/Road **6:20pm**

How Much : Entry Fee \$3 with \$10 max. for families of 4+. Fee covers entry to all events on a night.

Non members welcome for all events

Club Membership: runs from 1-Oct to 30-Sep and Cost is \$10, or \$5 if U/18 at 1-Oct

### **Programme January to March 2016**

<i><u>Date</u></i>	<i><u>Short Track</u></i>	<i><u>Long Track + Walk</u></i>	<i><u>Road</u></i>	<i><u>Other</u></i>	<i><u>Notes</u></i>
January Thu 07	1500m	3000m	7.5km		Start Point Score
January Thu 14	800m	5000m	10km		
January Thu 21	1 mile	3000m	7.5km		
January Thu 28	400m	5000m	10km	2 Bridges-14km	
February Thu 04	1500m	3000m	7.5km		
February Thu 11	800m	5000m	10km		
February Thu 18	1 mile	3000m	7.5km		
February Thu 25	200m	5000m	10km		
March Thu 03	1500m	3000m	7.5km		
March Thu 10	800m	5000m	10km		
March Thu 17	1 mile	3000m	7.5km		
March Thu 24	400m	5000m	10km	2 Bridges-14km	
March Thu 31	1500m	3000m	7.5km		B.B.Q.