

## Southside Masters Race Results for 13-Jun-19

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
3000m								
	1	1	177	Seth Healey	10:20	9:53	0:27	5
	1	2	320	Paul Dickin	10:36	10:21	0:15	8
	1	3	343	Daniel Poole	11:04	13:49	-2:45	
	1	4	72	David Sullivan	11:06	11:02	0:04	9
	1	5	84	Paul Ray	11:07	10:48	0:19	
	1	6	22	Joanne Wilson	13:14	12:17	0:57	3
	1	7	262	Gerhard Van de Venter	13:44	11:47	1:57	2
	1	8	349	Kobe Rennie	14:28	12:58	1:30	
	1	9	91	Greg Hudson	14:31	14:46	-0:15	12
	1	10	25	Craig Russ	15:19	15:30	-0:11	10
	1	11	38	Janice Marshall	15:48	15:26	0:22	6
	1	12	54	Joy Allen	16:27	15:44	0:43	4
	1	13	114	Alan O Toole	18:09	17:54	0:15	8
3k Walk								
	1	1	37	Russell Lee	21:58	20:46	1:12	3
	1	2	3	Chris Stratford	22:03	21:46	0:17	5
	1	3	108	Terry Hill	24:28	24:23	0:05	7
	1	4	285	Cindy Zhao	25:43	23:15	2:28	2
	1	5	11	Patricia Simpson	29:47	29:20	0:27	4
7.5k Road								
	1	1	165	Belinda Martin	26:38	26:40	-0:02	
	1	2	246	Adam Baker	30:30	33:31	-3:01	12
	1	3	66	Magda Poulos	31:05	31:12	-0:07	9
	1	4	94	Karen Stanley	31:10	30:58	0:12	7
	1	5	55	Richard McNally	31:25	31:30	-0:05	8
	1	6	377	Kate Marshall	34:38	22:30	12:08	4
	1	7	34	Geoff Darby	36:43	38:01	-1:18	10
	1	8	2	Bob Fickel	41:14	39:43	1:31	6
	1	9	176	Theresa Healey	45:34	32:25	13:09	3
	1	10	211	Britney Cansell	46:09	22:30	23:39	2
	1	11	21	Martin Cansell	46:10	36:38	9:32	5
Mile								
	1	1	340	Dominique Honore	6:02	6:11	-0:09	10
	1	2	72	David Sullivan	6:04	6:01	0:03	8
	1	3	352	Zane Honore	7:02	4:00	3:02	2
	1	4	13	Mathew Simpson	7:34	7:35	-0:01	9

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
	1	5	365	Mikaela Bowen	8:45	8:55	-0:10	12
	1	6	120	Malachi Slawitschka	8:46	8:23	0:23	7
	1	7	15	Elise Wilson	9:03	8:35	0:28	5
	1	8	286	Soraya Deme	9:26	8:54	0:32	4
	1	9	114	Alan O Toole	10:06	9:43	0:23	7
	1	10	44	Anna Russ	11:15	9:57	1:18	3